



West Essex

Update on Health Inequalities in Epping Forest

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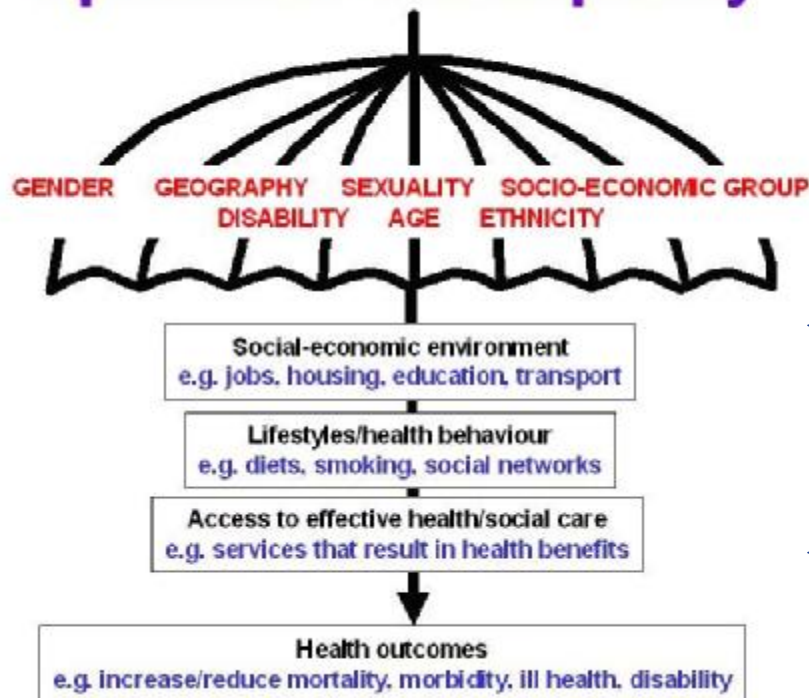
Director of Public Health

Thursday 4th March 2010

The population of Epping Forest

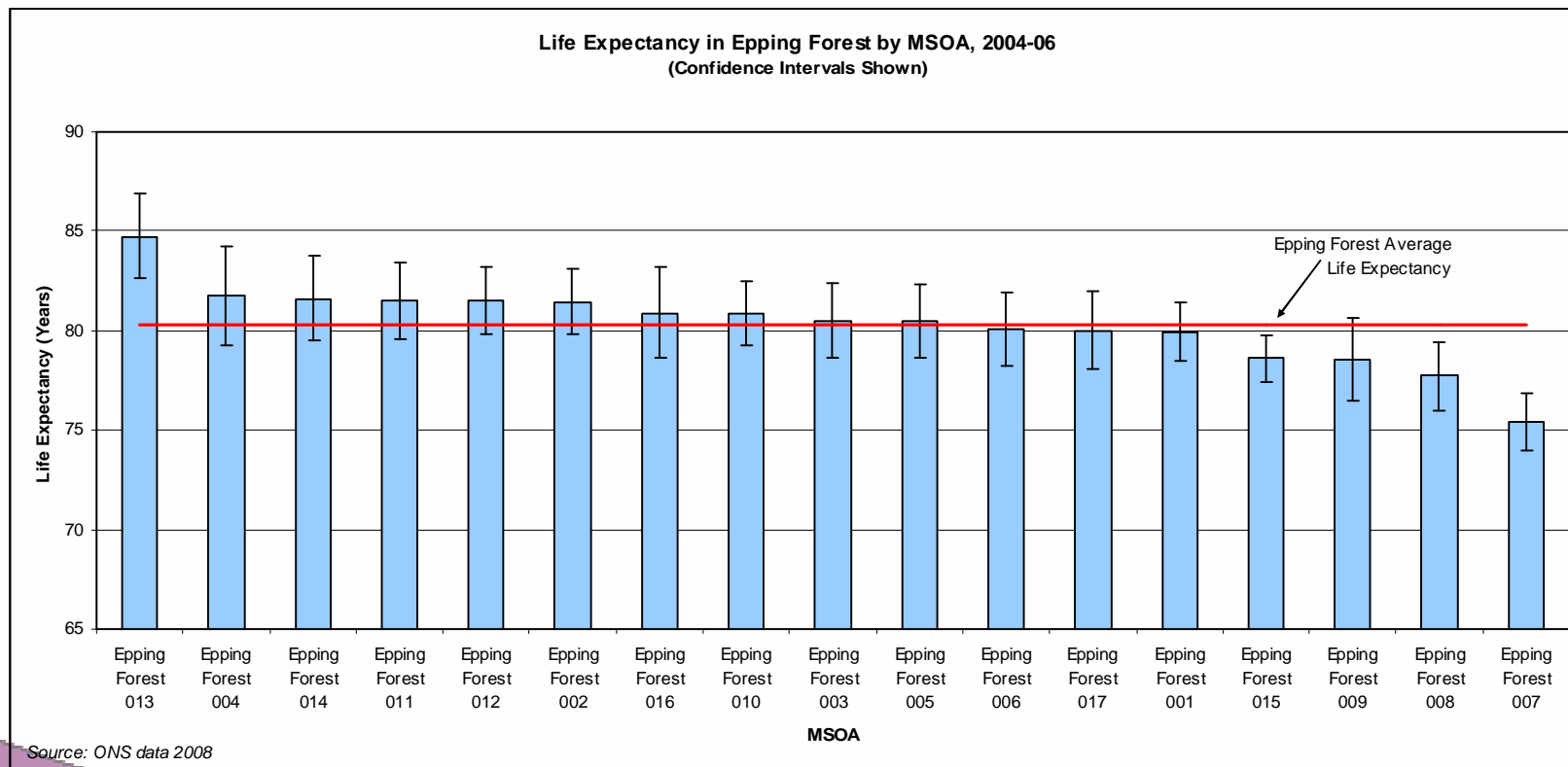
- About 121,300 people.
- Population concentrated in middle and older age groups.
- Small proportion from minority ethnic groups.
- Wide differences in deprivation and access to services.

Spectrum of inequality

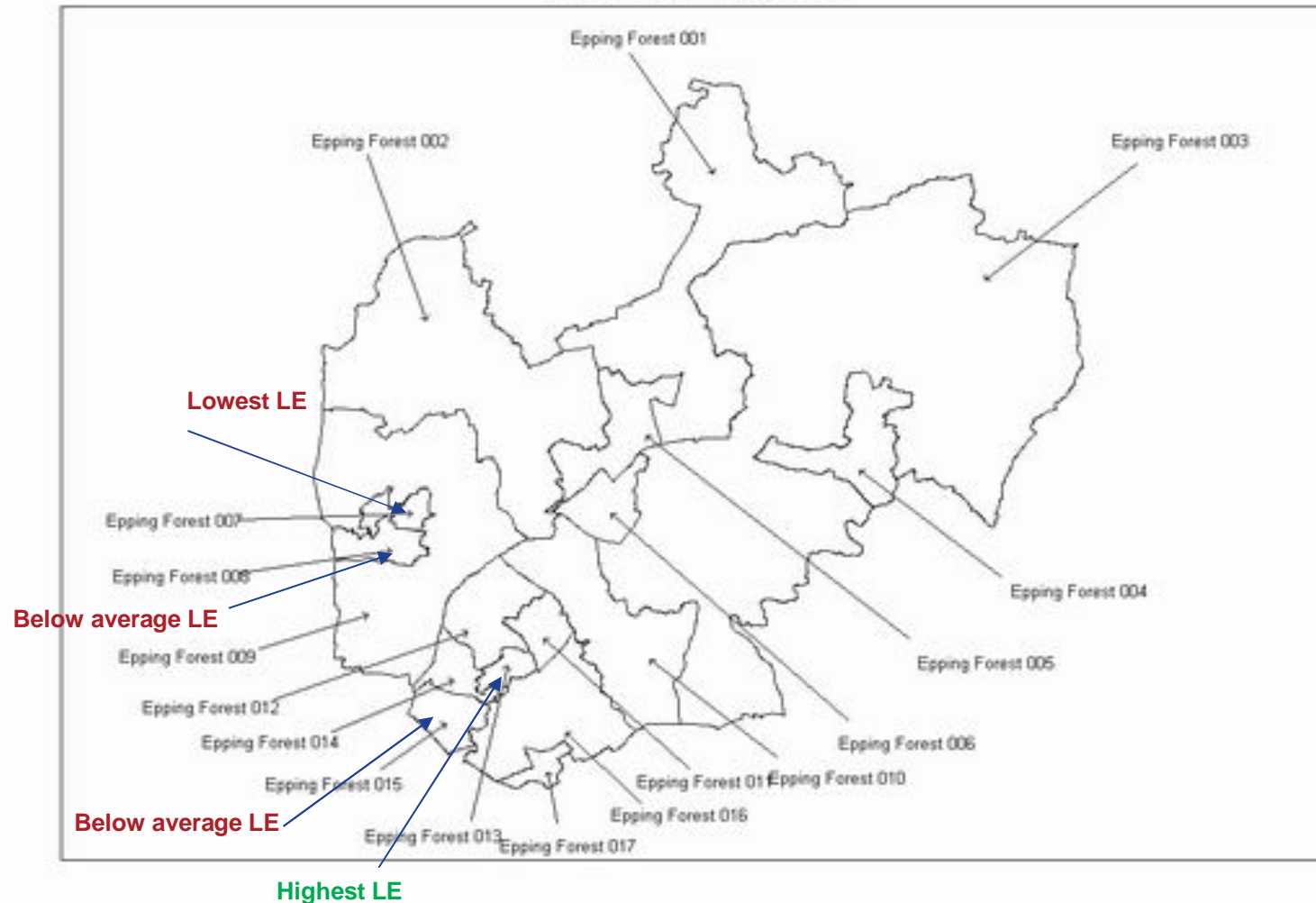


We need to address the determinants of health - environment, lifestyle and access to services - to have an impact on inequalities

Life expectancy in Epping Forest by middle-layer SOA



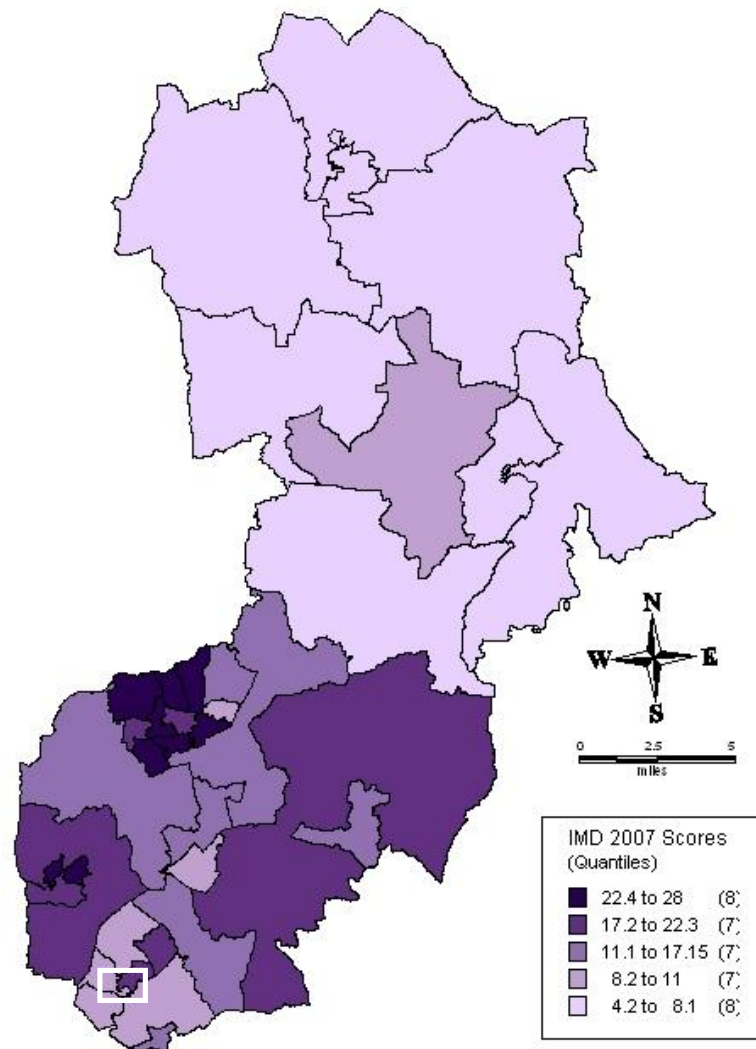
MSOAs in Epping Forest



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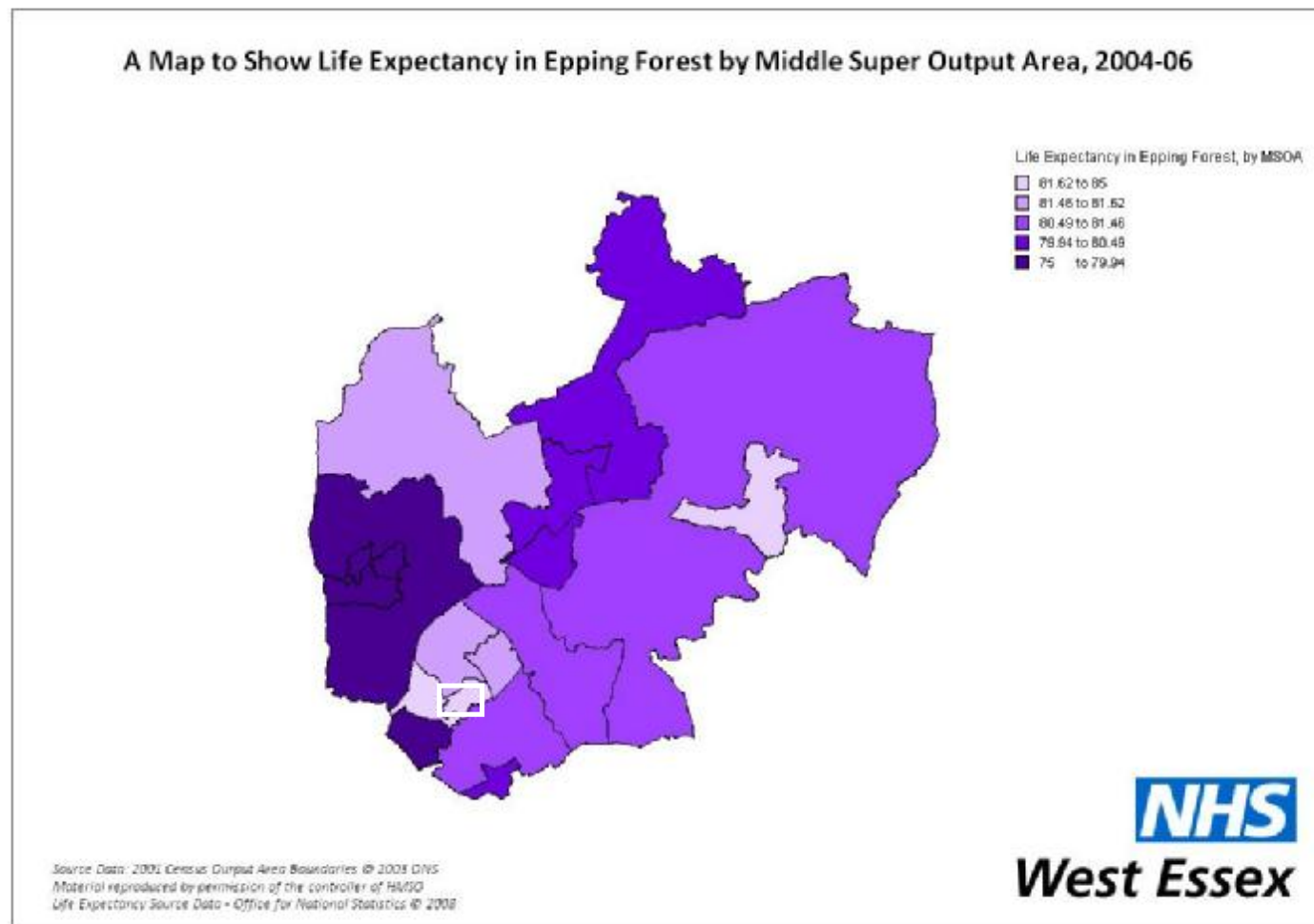
Deprivation in West Essex by middle-layer super output area

Index of Multiple Deprivation 2007 (IMD 2007) overall IMD score
by MSOA for west Essex



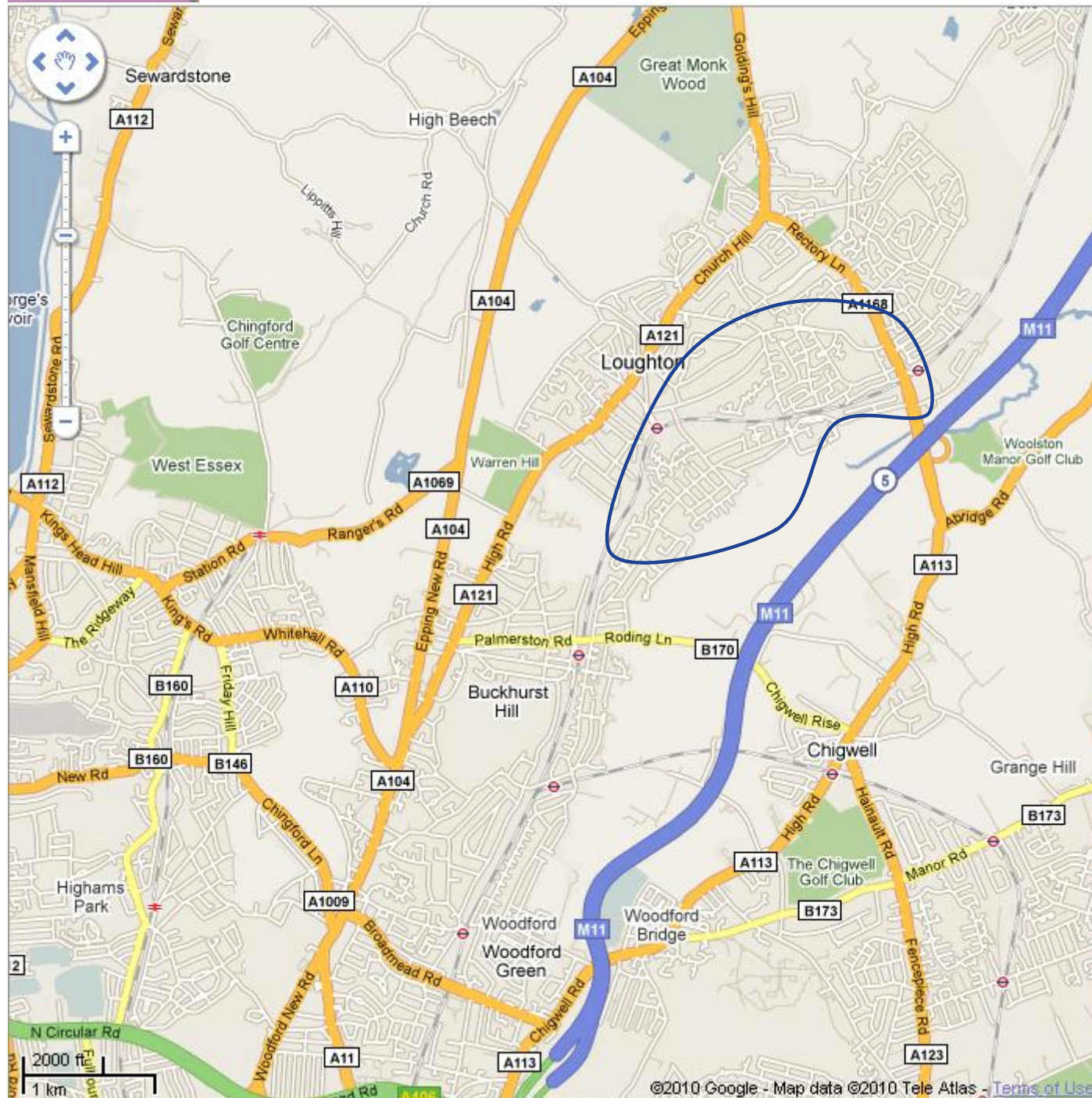
Source: 2001 Census, Output Area Boundaries. Crown copyright 2003.
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Data source: ERPHO MSOA IMD estimates based on the English Indices of Deprivation 2007,
Communities and Local Government www.communities.gov.uk

Life expectancy in Epping Forest by middle-layer SOA



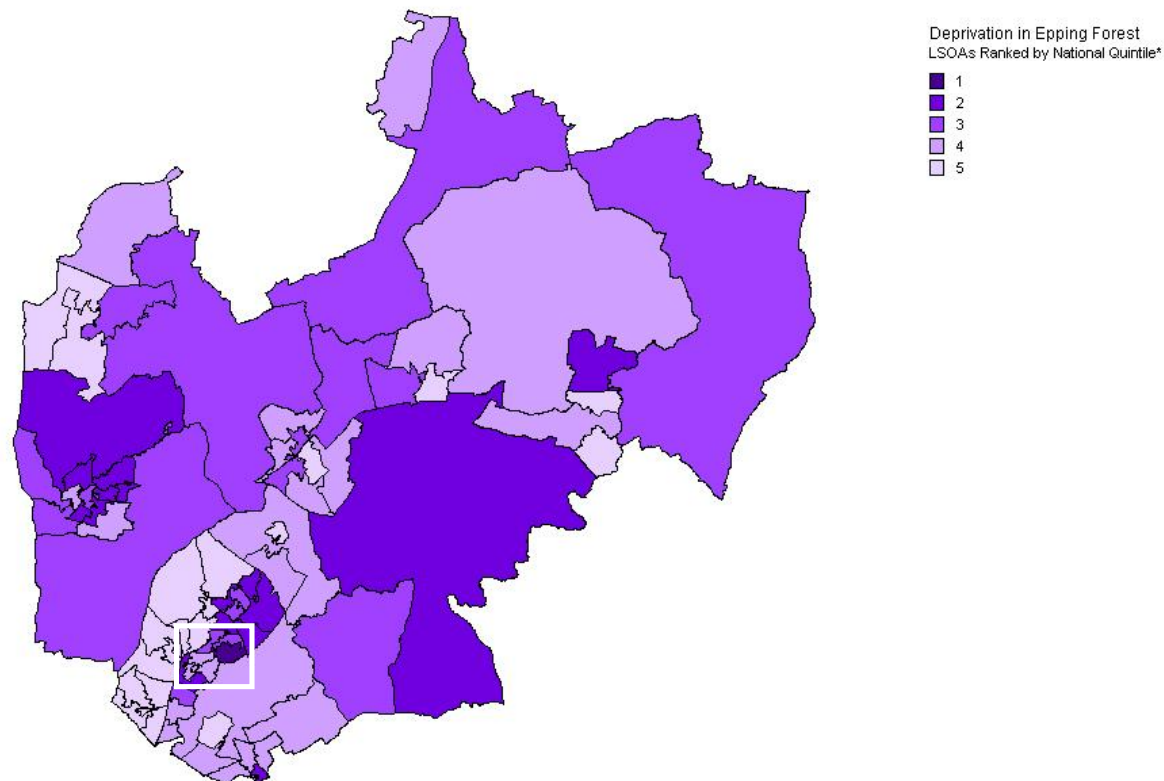


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Deprivation in Epping Forest by lower-layer SOA

A Map to Show Deprivation by LSOA in Epping Forest, 2007



Source Data: 2001 Census Output Areas © 2003 ONS
Material reproduced by permission of the controller of HMSO
* Deprivation Source Data: 2007 Indices of Multiple Deprivation © DCLG
Quintiles are at the national level



The map displays the Epping Forest area with various geographical features and administrative boundaries. The map is color-coded to show different quintiles of LSOA and MSOA. The colors range from light purple to dark purple. The map includes a network of roads and a railway line running diagonally from the bottom right towards the center. The text labels are placed in white boxes with black text, providing specific information about the quintiles for Epping Forest 012 and Epping Forest 013.

Epping Forest 012

MSOA – quintile 2

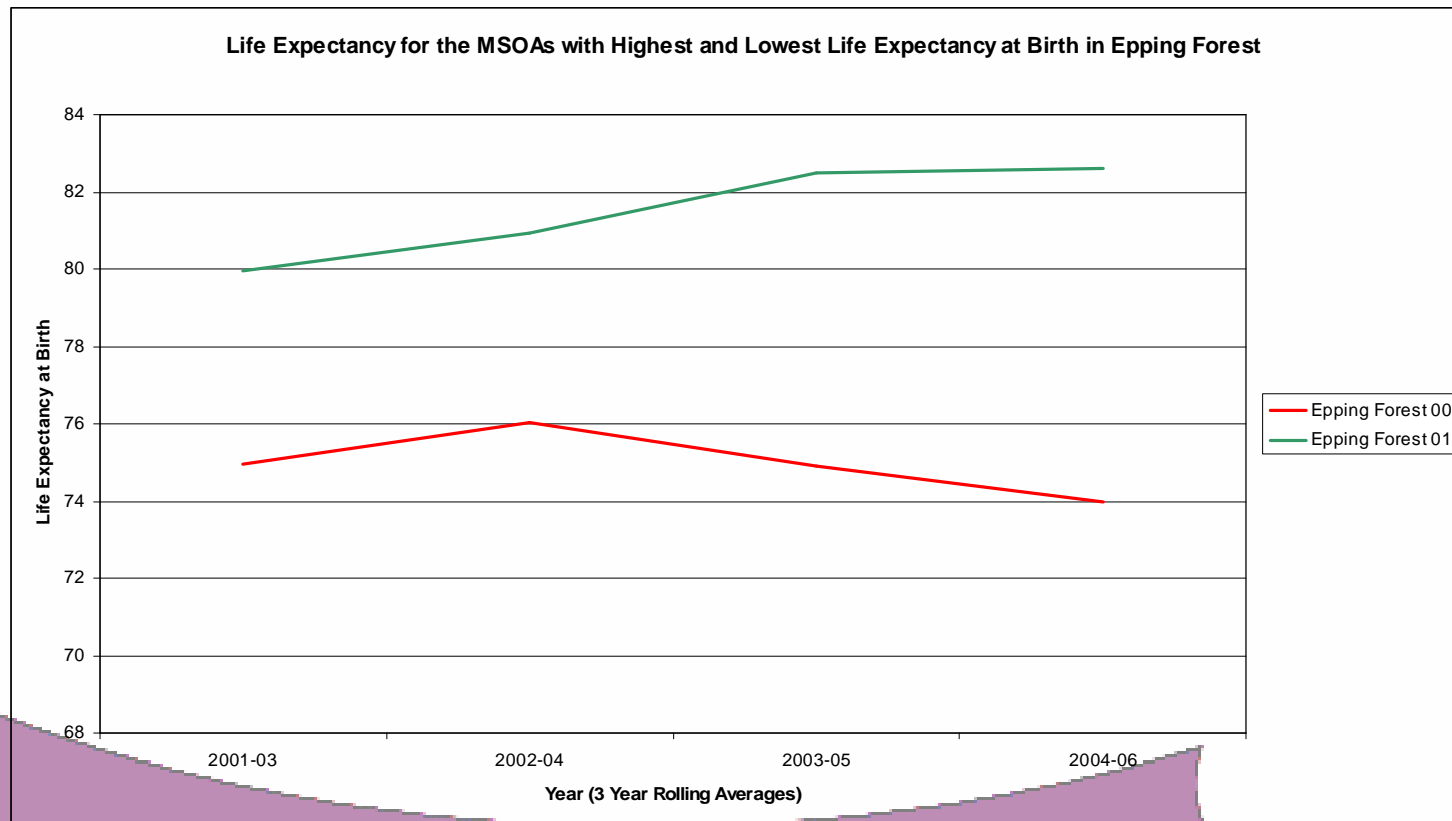
LSOA – quintile 1

Epping Forest 013

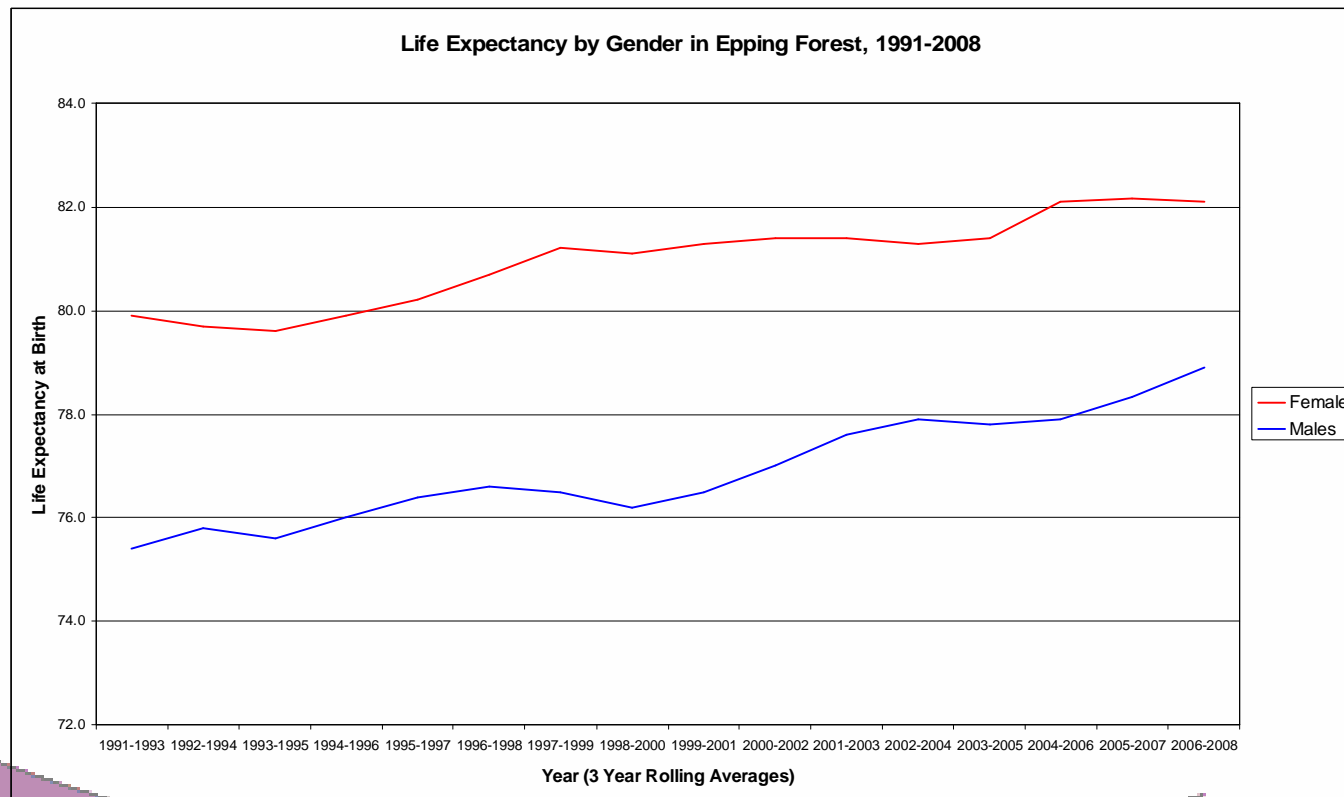
MSOA - quintile 4

LSOA - quintile 5

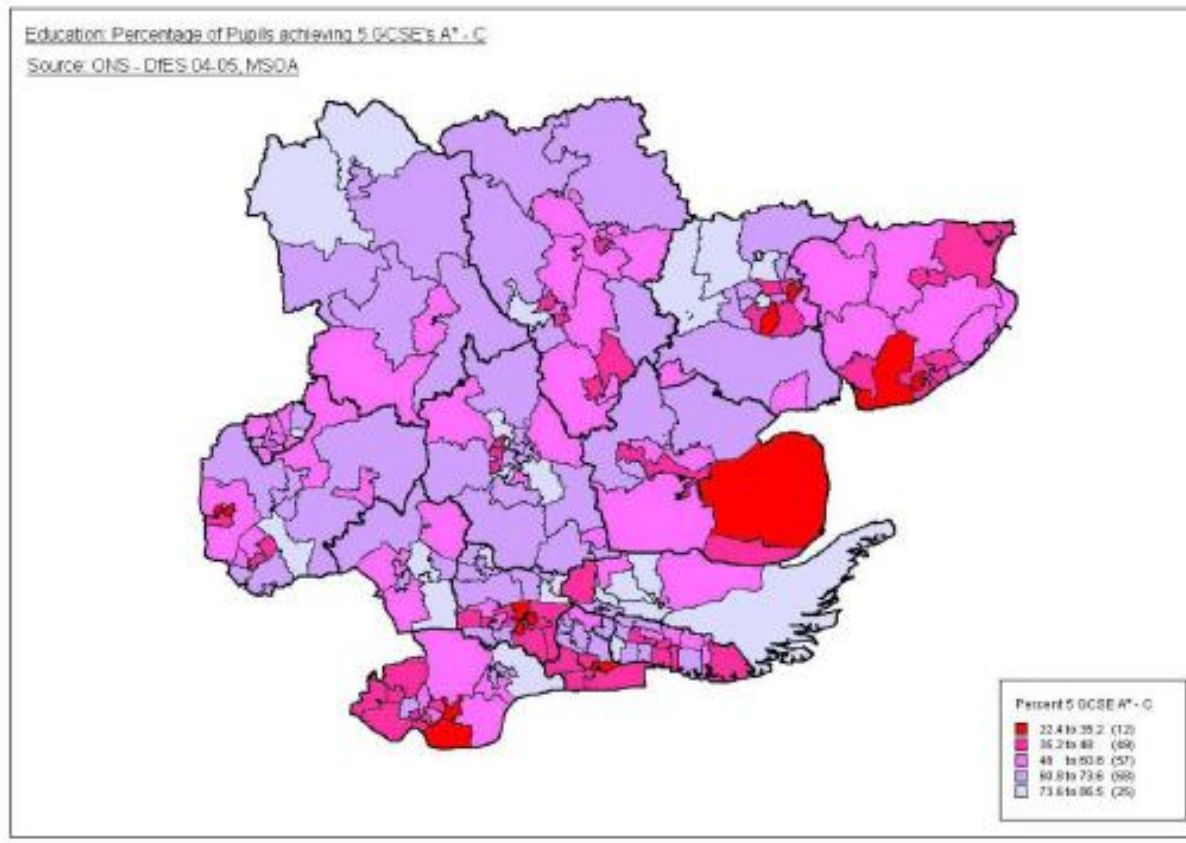
Trends in life expectancy for the MSOAs with highest and lowest life expectancy



Life expectancy by gender



% of children in Essex achieving 5 A* - C at GCSE, by MSOA



The proportion of children in each Epping Forest MSOA achieving 5 or more GCSEs at grade A* - C ranges from 26.9% - 74.5%.

Targeting health inequalities

Healthier Communities Theme Group

- Sub-group of the Epping Forest LSP
 - Targeting the areas and groups with poorest health and greatest need
 - Delivering specific and measurable change.
- The theme group has agreed the criteria for prioritising actions.

Prioritisation criteria

- 1. Importance of inequalities addressed**
- 2. Added value – would this happen without LSP intervention?**
- 3. Likely impact on inequalities**
4. Current position – extent of inequality
5. Value for money
6. Fit with external policy
7. Availability of metrics to monitor progress
8. Reputation – public opinion

Specific actions from PCT's strategy

- Increasing uptake of stop smoking services
- Reducing teenage pregnancy
- Health checks
- Improving mental health services for people from black and minority ethnic groups
- Improving the health of “looked after” children.

Summary

- **On average**, Epping Forest is a relatively affluent district with good health outcomes for its population, but
- There is evidence of significant differences in health between areas and between population groups.
- Local partners are developing coordinated and targeted actions to reduce inequalities in health.